



## Health & Social Care - KEY STAGE 4 CURRICULUM MAP

Curriculum Overviews	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 10</b>	<b>R033 - Life stages and development</b> Internally assessed coursework unit. <ul style="list-style-type: none"> <li>- Life stages of childhood, adolescence, young adult hood, middle adult hood and older adult hood.</li> <li>- Factors that affect growth and development within these life stages</li> </ul>	<b>R033 - Life stages and development</b> Internally assessed coursework unit. <ul style="list-style-type: none"> <li>- Life events and their impacts e.g. physical events, relationship change and life circumstances.</li> <li>- Identify individual needs</li> </ul>	<b>R033 - Life stages and development</b> Internally assessed coursework unit. <ul style="list-style-type: none"> <li>- Sources of support for individuals</li> <li>- How to personalise this care for individual needs.</li> </ul>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Types of setting</li> <li>- Rights and their benefits</li> <li>- Effects of rights</li> <li>- Person centered values</li> </ul>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Benefits and effects of person-centered values</li> <li>- Rights recap</li> </ul>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Communication e.g. verbal, non-verbal, written and special methods.</li> <li>- Methods of and importance of effective communication.</li> </ul>
<b>Year 11</b>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Continuation of communication</li> </ul> <b>R034 - Creative and Therapeutic Activities</b> Internally Assessed coursework unit <ul style="list-style-type: none"> <li>- Therapeutic activities and their purpose and benefits for individuals</li> </ul>	<b>R034 - Creative and Therapeutic Activities</b> Internally Assessed coursework unit <ul style="list-style-type: none"> <li>- Completion of Task 4 of CW assignment on therapeutic activities</li> <li>- Explore creative activities and their purpose and benefits for individuals</li> <li>- Research, plan and choose a creative activity.</li> <li>- Justify the choice of this activity for a target age range.</li> </ul>	<b>R034 - Creative and Therapeutic Activities</b> Internally Assessed coursework unit <ul style="list-style-type: none"> <li>- Complete assessed activity within peer group.</li> <li>- Analyse the performance of the assessed activity for communication skills, suitability to age range.</li> </ul> <b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Recap rights content.</li> </ul>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Protecting service users and service providers in health and social care settings. E.G:</li> <li>- Safeguarding</li> <li>- Security measures</li> <li>- Infection and prevention</li> </ul>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Revision</li> </ul>	<b>R032 – Principles of care in Health &amp; Social Care settings</b> Externally assessed exam unit <ul style="list-style-type: none"> <li>- Revision if applicable.</li> </ul>

**Texts, Exam Boards, and Useful Websites:**

Key Stage 4 (Year 10 - 11)
<p><b>Exam board:</b> OCR Cambridge National - Cambridge National Level 1/2 Health &amp; Social Care – J835</p> <p><b>Text book:</b> Cambridge National Level 1/2 Health &amp; Social Care – J835\</p> <p><b>Revision Books:</b></p> <ul style="list-style-type: none"> <li>- My Revision Notes: Cambridge National Level 1/2 Health &amp; Social Care by Judith Adams, 2<sup>nd</sup> edition</li> <li>- Cambridge National in Health &amp; Social Care Revision guide and workbook with digital access for 2 years. Level 1/Level 2, by Rebecca Baker.</li> </ul> <p><b>Helpful Websites:</b></p> <ul style="list-style-type: none"> <li>- NHS</li> <li>- Gingerbread</li> <li>- Mind UK</li> <li>- Diabetes UK</li> <li>- BHF</li> <li>- Relate</li> </ul>



## Health & Social Care KEY STAGE 5 CURRICULUM MAP

Curriculum Overviews	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 12</b>	<p><b>Unit 1 - Building positive relationships in health and social care</b></p> <p>Internally Assessed Coursework Unit</p> <ul style="list-style-type: none"> <li>- Explain different types of relationships e.g. formal, informal, one-to-one and group in H&amp;SC settings</li> <li>- Analyse how context and situation change impacts relationships</li> <li>- Explain factors that influence the building of positive relationships</li> <li>- Explain strategies to ensure a person-centered approach.</li> <li>- Analyse how person-centered care affects relationships</li> </ul>	<p><b>Unit 1 - Building positive relationships in health and social care</b></p> <p>Internally Assessed Coursework Unit</p> <ul style="list-style-type: none"> <li>- Explore communication and how it impacts relationships through 2 practical assessments.</li> <li>- Review the effectiveness of the communication used in the practical assessments</li> <li>- Justify the use of reflective practice in Health &amp; social care settings.</li> </ul>	<p><b>Unit 2 – Equality diversity and rights in health and social care</b></p> <p>Externally assessed exam.</p> <ul style="list-style-type: none"> <li>- Understand the concepts of equality, diversity and rights in H&amp;SC</li> <li>- Understand types of and impacts of discriminatory practice</li> <li>- Understand current legislation and national initiatives</li> <li>- Understand how equality, diversity and rights are promoted in health and social care</li> </ul>	<p><b>Unit 3 – Health safety and security measure in health and social care</b></p> <p>External assessed exam</p> <ul style="list-style-type: none"> <li>- Understand potential hazards in health and social care</li> <li>- Understand how legislation, policies and procedures promote health safety and security.</li> <li>- Understand the roles and responsibilities for staff and individuals within health and social care.</li> <li>- Know how to respond to incidents and emergencies in health &amp; social care settings.</li> <li>- Sit both exams in the May window.</li> </ul>	<p><b>Unit 4 – Anatomy and Physiology.</b></p> <p>Externally assessed Exam.</p> <ul style="list-style-type: none"> <li>- Cardiovascular system e.g.:</li> <li>- Structure and function of the heart</li> <li>- Structure of vessels</li> <li>- Functions of blood</li> <li>- Lymph system</li> <li>- Malfunctions that affect individuals</li> </ul>	<p><b>Unit 4 – Anatomy and Physiology.</b></p> <p>Externally assessed Exam.</p> <ul style="list-style-type: none"> <li>- Respiratory system e.g.</li> <li>- Structure and function of the respiratory system</li> <li>- Functions of breathing</li> <li>- Gaseous exchange</li> <li>- Cellular respiration</li> <li>- Malfunctions that affect individuals.</li> </ul>
<b>Year 13</b>	<p><b>Unit 4 – Anatomy and Physiology.</b></p> <p>Externally assessed Exam.</p> <ul style="list-style-type: none"> <li>- Muscular skeletal system, it's structure, function and malfunctions</li> <li>- Digestive system, it's structure, function and malfunctions.</li> <li>- Sensory system, the structure and function of the eyes and their malfunctions. The structure and function of the ears and their malfunctions.</li> </ul>	<p><b>Unit 4 – Anatomy and Physiology.</b></p> <p>Externally assessed Exam.</p> <ul style="list-style-type: none"> <li>- Control and regulatory system including:</li> <li>- The brain and nervous system; it's structure, function and malfunctions.</li> <li>- The endocrine system; the structure, function and malfunctions of the kidney and liver.</li> </ul>	<p><b>Unit 4 – Anatomy and Physiology.</b></p> <p>Externally assessed Exam.</p> <ul style="list-style-type: none"> <li>- Revision</li> <li>- Sit exam</li> </ul>	<p><b>Unit 13 – Sexual Health, Reproduction, and early development stages</b></p> <p>Internally assessed coursework unit</p> <ul style="list-style-type: none"> <li>- Sexual consent and ways to stay safe</li> <li>- Sexual health e.g. STIs</li> <li>- Methods of contraception</li> <li>- Factors that affect conception</li> <li>- Process of conception</li> <li>- Conditions in utero</li> <li>- Factors that affect the health of the foetus</li> <li>- Stages of pregnancy</li> <li>- Support and care available in the first year of life.</li> </ul>	<p><b>Unit 10 – Nutrition for health</b></p> <p>Internally assessed coursework unit.</p> <ul style="list-style-type: none"> <li>- Nutritional and diet guidelines</li> <li>- The functions of nutrients</li> <li>- Understand factors which influence nutritional health</li> <li>- Recommendations to improve nutritional health</li> </ul>	<b>Course completed</b>



**Texts, Exam Boards, and Useful Websites:**

**Key Stage 5 (Year 12 - 13)**

Exam board: OCR Cambridge Technicals Level 3 – Health & Social Care

Text book: OCR Cambridge Technicals Level 3 – Health & Social care by Maria Ferreiro Peteiro, Judith Adams, Mary Riley, Pete Wedlake, Sarah Rogers

Revision Books:

- My Revision Notes: Cambridge Technicals Level 3 Health & Social Care by Judith Adams

Helpful Websites:

- NHS Website